

let's get started

CRISPY WINGS GF 12.95

your choice of buffalo or bourbon style, served with ranch or bleu cheese, carrots & celery

BACON BRUSSEL SPROUTS GF 7.50

crispy brussels, shaved parmesan & asiago cheeses, applewood smoked bacon, balsamic glaze

PIMENTO CHEESE WONTONS VEG 6.95

housemade pimento cheese, crispy wonton wrappers, thai chili dipping sauce

CHIPS, GUAC & SALSA GF, VEGAN 7.95

housemade guacamole, smokey roja salsa, corn tortilla chips

EDAMAME HUMMUS GF 14.50

creamy edamame hummus, carrots, cucumbers, radish, wasabi ginger vinaigrette, sesame, crispy wonton chips

BACON GOUDA SLIDERS 9.95

burgers stuffed with smoked gouda, crumbled bacon, fried onion, bbq aioli, slider bun

FIG & BACON SCALLOPS GF 11.95

seared scallops, cauliflower puree, fig & bacon jam, crispy parnip chips

FRIED PICKLES 'N JALAPENOS VEG 7.00

honey sriracha aioli

BUCKET O' SWEET TOTS GF 6.50

honey sriracha aioli

PARMESAN TRUFFLE FRIES GF 6.00

housemade ketchup

NEIGHBORHOOD FAVORITES

○ SINCE 2012 ○

SHRIMP & CRAB NACHOS GF 15.95

crab, shrimp, corn chips, jack cheese, cabbage, pico de gallo, cilantro creme fraiche - add guacamole \$4

GRILLED CAESAR GF 10.95

grilled romaine heart, garlic and basil tomatoes, parmesan, croutons, caesar vinaigrette

TOAST BURGER* GF 12.95

1/2 lb beef patty, cheese, applewood bacon, greens, tomato, fried onion, fried pickle, bbq aioli, brioche bun

THE CUBAN REUBEN GF 15.95

pulled pork, VA ham, swiss, pickles, corned beef, vinegar slaw, smoked mustard, 1000 island, rye

MEATLOAF 15.95

pork, beef, & turkey meatloaf, wrapped in applewood smoked bacon with housemade ketchup glaze, mashed potatoes, sautéed vegetables

RIB GOUDA MAC 16.95

baby back ribs, smoked gouda mac 'n cheese, housemade bbq sauce, crispy fried onions

don't miss our famous brunch
saturday & sundays 9:30a-3p

soups

TOMATO BISQUE VEG 3.95/6.95

creamy tomato soup, shaved parmesan and romano, herbed croutons

SHE-CRAB SOUP GF 4.95/8.95

a southern classic. cream, crab, sherry

the main course

ADD A SMALL HOUSE OR CAESAR SALAD FOR \$4

ASIAN SALMON* GF 17.95

seared salmon filet, sweet and spicy asian glaze, stir fry of white rice, peppers, onions, edamame, green beans and carrots, topped with crispy noodle and sesame seeds

CARNITAS CHIFRIJO GF 13.95

slow roasted pork, tossed in costa rican lizano sauce, over rice & beans, cilantro creme fraiche, guacamole, pico de gallo, queso fresco, with corn tortillas

SHRIMP TACOS GF 15.95

grilled marinated shrimp, mango salsa, cabbage, pickled red onion, corn tortillas, fiesta rice & beans

PUB-STYLE FISH & CHIPS 14.95

beer battered fried cod, hand cut fries, creamy cole slaw, malt vinegar, tartar sauce

RIB GOUDA MAC 16.95

baby back ribs with housemade BBQ sauce over smoked gouda mac 'n cheese, crispy fried onions

CHICKEN CORDON BLEU GNOCCHI 15.95

peas, carrots, onions, & virginia ham, potato gnocchi, chicken breast, gorgonzola cream sauce, herbed biscuit breadcrumbs

MEATLOAF 15.95

pork, beef, & turkey meatloaf, wrapped in applewood smoked bacon with housemade ketchup glaze, mashed potatoes, sautéed vegetables

TOMATO BRAISED MUSHROOM BOWL VEGAN, GF 13.95

oyster mushrooms braised in tomato and spices over quinoa & black beans, corn, peppers, cabbage, jalapeno, guacamole & chili lime vinaigrette, crispy tortilla strips

gf= gluten free gfo= gluten free option - ask your server veg= vegetarian

Please alert your server to any allergies before ordering. Although precautions are taken to reduce risks of cross-contamination, we are not a gluten-free, dairy-free or nut-free facility and cannot guarantee against it.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

sandwiches & burgers

COMES WITH A CHOICE OF SIDE

GLUTEN FREE BREAD/BUNS AVAILABLE +2

TOAST BURGER* ^{GFO} **12.95**
 1/2 pound beef patty, cheese, applewood bacon, greens, tomato, fried onion, fried pickle, bbq aioli, brioche

BAHN MI TURKEY BURGER ^{GFO} **13.50**
 white meat turkey patty, thai chili aioli, pickled vegetables, greens, fresh jalapeño, fresh cilantro

VEGGIE BURGER ^{GFO, VEG} **12.95**
 southwest black bean veggie burger, muenster cheese, guacamole, pico de gallo, ranch, greens, brioche bun

SLOPPY JOSEPH ^{GFO} **13.95**
 moroccan lamb & chorizo sloppy joe, grilled fennel, garam masala aioli, on brioche

TURKEY RACHEL ^{GFO} **12.95**
 roasted turkey, swiss cheese, 1000 island, apple slaw, rye

SALMON REUBEN ^{GFO} **13.95**
 pastrami seasoned salmon filet bites, swiss, grilled cabbage, 1000 island, rye

MEATLOAF SAMMY **13.50**
 pork, beef, turkey & bacon meatloaf with housemade ketchup, crispy onions, swiss, brioche

PESTO PANINI ^{GFO, VEG} **11.50**
 caprese tomatoes, pesto, fresh mozzarella, balsamic glaze, sourdough - add ham or roasted portobello +2

THE CUBAN REUBEN ^{GFO} **15.95**
 pulled pork, VA ham, swiss, pickles, corned beef, vinegar slaw, smoked mustard, 1000 island, rye

TURKEY AVOCADO ^{GFO} **12.95**
 roasted turkey breast, housemade guacamole, muenster cheese, lettuce, tomato, herb mayo - sub fresh avocado +\$1

PESTO CHICKEN CIABATTA ^{GFO} **13.95**
 grilled chicken, fresh mozzarella, caprese tomatoes, mixed greens, pesto mayo, balsamic glaze, ciabatta bread

THAI WRAP ^{VEGAN} **10.50**
 edamame hummus, shredded carrots, cabbage, peanuts, mixed greens, edamame, thai chili & wasabi ginger vinaigrette, flour tortilla
 - add chicken \$5 or shrimp \$6

NASHVILLE CHICKEN SANDWICH ^{GFO} **12.95**
 fried chicken breast, brown sugar chili sauce, creamy slaw, pickle, brioche

sides

INCLUDED WITH YOUR SANDWICH:	A LA CARTE:
FRIES ^{GF, VEG}	3.00
MASHED POTATOES ^{GF, VEG}	3.00
CREAMY SLAW ^{GF, VEG}	2.50
SWEET POTATO TATER TOTS ^{GF, VEG}	3.50
BLACK BEANS ^{GF, VEG}	2.50

UPGRADE YOUR SIDE:	A LA CARTE:
MAC 'N CHEESE ^{VEG} +3.00	4.00
BACON BRUSSEL SPROUTS ^{GF} +3.00	4.00
TRUFFLE FRIES ^{GF, VEG} +1.50	6.00 (BUCKET)
CUP TOMATO SOUP +1.50	3.95
CUP SHE-CRAB SOUP +2.50	4.95

salads

ADD GRILLED CHICKEN +5, GRILLED SALMON*, FISH, VEGGIE BURGER OR SHRIMP +6
 DRESSINGS: RANCH, WHITE BALSAMIC, BLUE CHEESE, WASABI GINGER VINAIGRETTE, CAESAR VINAIGRETTE

SALMON BLT SALAD* ^{GFO} **15.95**
 fire grilled atlantic salmon, crispy romaine and mixed greens, tomato, bacon, red onion, avocado, croutons and creamy herb ranch dressing

THAI SALAD ^{GFO, VEG} **10.50**
 mixed greens and crisp cabbage with shredded carrots, edamame, crispy wontons, peanuts, tossed in Toast's own thai chili & wasabi ginger vinaigrette

HARVEST SALAD ^{GF, VEG} **12.95**
 spinach, green apple, goat cheese, roasted beets, candied pecans, quinoa, roasted sweet potato, white balsamic vinaigrette

GRILLED CAESAR ^{GFO, VEG} **10.95**
 grilled romaine heart, garlic and basil tomatoes, parmesan, croutons, caesar vinaigrette

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SEE YOU TOMORROW!
happy hour
 EVERYDAY 11AM-7PM