

let's get started

BOURBON SMOKED WINGS 12.95

sticky sweet bourbon glaze, smoked wings, ranch, or blue cheese, celery, carrots

BACON BRUSSEL SPROUTS GF 7.50

fried brussels, parmesan, bacon, balsamic glaze

PIMENTO CHEESE WONTONS VEG 6.95

housemade pimento cheese, thai chili sauce

CRAB DIP GFO 13.95

creamy hot lump crab dip, cream cheese, cheddar, green onion, herb ciabatta

SCALLOP "SLIDERS" 12.95

seared scallops, puff pastry "buns", avocado crema, jalapeno slaw, southwest glaze

PIEROGI NACHOS GF 14.50

housemade potato chips topped with cheese sauce, roasted pork belly and bacon tossed in BBQ sauce, sour cream, green onion

MINI "BURRI-QUITOS" 6.95

pork, apple, queso fresco rolled in a flour tortilla, drizzle of Lizano sauce. like a burrito and a taquito had a baby... kinda.

CAULIFLOWER LATKES VEG 7.95

cauliflower cakes with green onion, apple butter and roasted shallot crema

NEIGHBORHOOD FAVORITES SINCE 2012

SHRIMP & CRAB NACHOS GF 15.95

corn chips, jack cheese, crabmeat, shrimp, cabbage, pico de gallo, avocado crema - add guacamole \$4

GRILLED CAESAR GFO 11.00

grilled romaine heart, garlic and basil tomatoes, parmesan, croutons, caesar vinaigrette

TOAST BURGER* GFO 12.95

1/2 lb beef patty, cheese, applewood bacon, greens, tomato, fried onion, fried pickle, bbq aioli, brioche bun

THE CUBAN REUBEN GFO 15.95

pulled pork, VA ham, swiss, pickles, corned beef, vinegar slaw, smoked mustard, 1000 island, rye

MEATLOAF 15.95

pork, beef, turkey & bacon meatloaf, housemade ketchup glaze, mashed potatoes, sautéed vegetables

RIB GOUDA MAC 17.50

baby back ribs, smoked gouda mac 'n cheese, housemade bbq sauce, crispy fried onions

DON'T MISS OUR ALMOST FAMOUS BRUNCH SATURDAY & SUNDAYS 9:30A-3P

FRIED PICKLES 'N JALAPENOS VEG 6

honey sriracha aioli

BUCKET O' SWEET TOTS GF, VEG 6

honey sriracha aioli

PARMESAN TRUFFLE FRIES GF, VEG 6

housemade ketchup

soups

LOADED BAKED POTATO SOUP 3.50/6.50

Home-style russet potatoes simmered with applewood smoked bacon, virginia ham & cheddar cheese topped with crumbled bacon and green onions

FRENCH ONION SOUP GFO, VEG 3.50/6.50

savory french onion soup, herb croutons, melted muenster

the main course

ADD A SMALL HOUSE OR CAESAR SALAD FOR \$4

PASSIONFRUIT SALMON* GF 21.95

fire grilled salmon, passion fruit cream sauce, steamed jasmine rice, ginger soy broccoli

MISO PORK BELLY STIR-FRY GF 15.95

crispy miso glazed pork belly, dark sauce, scallions, carrots, broccoli, white rice, pickled ginger, green onion, sesame seeds

CARNITAS CHIFRIJO GF 15.95

slow roasted pork, costa rican lizano sauce, avocado crema, guacamole, pico de gallo, queso fresco, rice & beans, corn tortillas

ROCKFISH TACOS GFO 18.95

blackened pacific rockfish, red cabbage, chipotle crema, pickled red onion, flour tortillas, rice & black beans

PUB-STYLE FISH & CHIPS 15.95

beer battered fried cod, hand cut fries, creamy cole slaw, malt vinegar, tartar sauce

CRAB MAC & CHEESE 16.95

creamy cheese sauce, lump crab, cavatappi pasta, herbed breadcrumbs

MEATLOAF 15.95

pork, beef, & turkey meatloaf, wrapped in applewood smoked bacon with housemade ketchup glaze, mashed potatoes, sautéed vegetables

RIB GOUDA MAC 17.50

baby back ribs with housemade BBQ sauce over smoked gouda mac 'n cheese, crispy fried onions

MUSHROOM SHEPHERD'S PIE GF, VEG 15.95

mushrooms, peas, lima beans, carrots, sundried tomatoes, baked with truffled mashed potato crust, side of greens

gf= gluten free gfo= gluten free option - ask your server Please alert your server of any allergies before ordering

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

sandwiches & burgers

COMES WITH A CHOICE OF SIDE

GLUTEN FREE BREAD/BUNS AVAILABLE +2

TOAST BURGER* GFO **12.95**
half pound beef patty, cheese, applewood bacon, greens, tomato, fried onion, fried pickle, bbq aioli, brioche bun

VEGGIE BURGER GFO **12.95**
local "no bull" sundried tomato & spinach burger, housemade ketchup, mixed greens, swiss, fried onions, brioche bun

TURKEY RACHEL GFO **12.95**
roasted turkey, swiss cheese, 1000 island, apple slaw, rye

MEATLOAF SAMMY **13.50**
pork, beef, turkey & bacon meatloaf with housemade ketchup, crispy onions, swiss, brioche

NASHVILLE CHICKEN SANDWICH GFO **12.95**
fried chicken breast, brown sugar chili sauce, creamy slaw, pickle, brioche

THE CUBAN REUBEN GFO **15.95**
pulled pork, VA ham, swiss, pickles, corned beef, vinegar slaw, smoked mustard, 1000 island, rye

OL' BAY SHRIMP ROLL GFO **14.95**
Old bay steamed shrimp, old bay butter sauce, lemon aioli, mixed greens, hoagie roll

PESTO CHICKEN CIABATTA GFO **13.95**
grilled chicken, fresh mozzarella, caprese tomatoes, mixed greens, pesto mayo, grilled ciabatta bread

TURKEY BURGER GFO **13.50**
turkey patty, arugula, sweet potato, cranberry salsa, texas toast, herb mayo

MISO SALMON BURGER **14.50**
housemade salmon cake, edamame, carrot, sesame, cabbage, wasabi ginger vinaigrette, greens, sesame seeds, brioche bun

PESTO PANINI GFO **11.50**
caprese tomatoes, pesto, fresh mozzarella, balsamic glaze, sourdough - add ham or roasted portobello +2

TURKEY AVOCADO GFO **12.95**
roasted turkey breast, housemade guacamole, swiss cheese, lettuce, tomato, herb mayo - sub fresh avocado +\$1

PORK BELLY BLT GFO **12.95**
braised pork belly, crispy romaine, herb mayo, tomato, texas toast

THE DIP* GFO **14.95**
smoked and sliced beef, beer smoked onions and peppers, melted swiss, shallot crema, onion jus, hoagie

THAI WRAP VEG **10.50**
hummus, shredded carrots, crispy wontons, cabbage, peanuts, mixed greens, edamame, thai chili & wasabi ginger vinaigrette, flour tortilla
- add chicken \$5 or shrimp \$6

ROCKFISH BLT GFO **15.95**
southern fried pacific rockfish, applewood smoked bacon, tomato, lettuce, tartar sauce, brioche bun

sides

INCLUDED WITH YOUR SANDWICH:

- FRIES** GF, VEGAN
- MASHED POTATOES** GF, VEG
- CREAMY SLAW** GF, VEG
- WHITE BEAN SALAD** GF, VEGAN
- SWEET POTATO TATER TOTS** GF, VEGAN

A LA CARTE:

- 3.00**
- 3.00**
- 2.50**
- 2.50**
- 3.50**

UPGRADE YOUR SIDE:

- MAC 'N CHEESE** VEG **+3.00**
- BACON BRUSSEL SPROUTS** GF **+3.00**
- TRUFFLE FRIES** GF, VEG **+1.50**
- CUP OF SOUP** **+2.00**

A LA CARTE:

- 4.00**
- 4.00**
- 6.00 (BUCKET)**
- 3.50**

salads

ADD GRILLED CHICKEN +5, GRILLED SALMON*, FISH, VEGGIE BURGER OR SHRIMP +6, STEAK* OR SCALLOPS* +8
DRESSINGS: RANCH, WHITE BALSAMIC, BALSAMIC VINAIGRETTE, BLUE CHEESE, WASABI GINGER VINAIGRETTE, LEMON TAHINI

SALMON BLT SALAD* GFO **15.95**
fire grilled atlantic salmon, crispy romaine and mixed greens, tomato, bacon, red onion, avocado, croutons and creamy herb ranch dressing

HARVEST SALAD GF, VEG **12.95**
spinach, green apple, goat cheese, roasted beets, candied pecans, quinoa, roasted sweet potato, white balsamic vinaigrette

THAI SALAD GFO, VEG **10.50**
mixed greens and crisp cabbage with shredded carrots, edamame, crispy wontons, peanuts, tossed in Toast's own thai chili & wasabi ginger vinaigrette

STEAK SALAD* GFO **15.95**
chargrilled skirt steak, mixed greens, red onion, tomatoes, bleu cheese, bacon, herb croutongs, blue cheese dressing

GRILLED CAESAR GFO, VEG **11.00**
grilled romaine heart, caprese tomatoes, parmesan, croutons, caesar vinaigrette

TUSCAN SCALLOP SALAD GFO **15.95**
seared scallops, tuscan white bean salad, sun dried tomatoes, arugula, lemon tahini vinaigrette

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SEE YOU TOMORROW!
HAPPY HOUR
EVERYDAY 11AM-7PM