Starters:

Shrimp & Crab Nachos  14 g/ 4 corn chips, jack cheese, crabmeat, shrimp, cabbage, guacamole, pico de gallo, cilantro crème fraîche (chicken nachos  12)

Green Goddess Hummus  10 gfo housemade hummus, fresh herbs, queso fresco, carrots, cucumbers, tomatoes, crispy flatbread

Bacon Brussel Sprouts  8 g flash fried brussels, parmesan, bacon, balsamic reduction, salt & pepper

Mini Crabcakes  13 gfo 3 mini crab cakes, old bay aioli, sweet corn salad

Truffle Fries  6 g white truffle oil & parmesan tossed with hand cut fries

Fried Pickles & Jalapeños

Salads:

add grilled chicken, fish, or veggie burger - $5, add grilled salmon, shrimp - $6, Scallops or Mini Crabcakes - $8 dressing: ranch, caesar vinaigrette, balsamic lemon vinaigrette, wasabi ginger, thai chili, blue cheese, sweet tea vinaigrette

Salmon BLT  15 g grilled salmon, romaine, avocado, tomato, red onion, crumbled bacon, creamy herb ranch

Thai  10 vegan, gfo edamame, shredded carrots, crispy wontons, cabbage, peanuts, thai chili & wasabi ginger vinaigrette

Georgia Steak*  14 gfo arugula, grilled top round steak, bourbon glazed peaches, queso fresco, pecans, sweet tea vinaigrette

Grilled Caesar  9 gfo, veg grilled romaine heart, garlic infused grape tomatoes, parmesan, croutons, caesar vinaigrette

Salads - served with your choice of side (gf bread +$1.50)

Sides: fries, sweet potato tots, mixed greens, black beans, apple slaw, creamy slaw, tortilla chips

(add upgrade to parmesan truffle fries, side salad, or parmesan bacon brussels for $1.50 more)

Herb Veggie Wrap  11 veg mushroom, sundried tomatoes, spinach, onion, chick peas, bell peppers, balsamic, arugula, herb goat cheese, flour tortilla - add chicken $5 or shrimp $6

Turkey Rachel  12 gfo roasted turkey, swiss cheese, 1000 island dressing, green apple slaw, rye

Turkey Avocado  12 gfo turkey, guacamole, fontina cheese, lettuce, tomato, herbed mayo on sourdough, wheat or rye

Pimento Grilled Cheese  10 veg, gfo texas toast, tomato, cheddar, pimento and muenster cheese - add bacon $1

Thai Wrap  10 veg green goddess hummus, shredded carrots, crispy wontons, cabbage, peanuts, mixed greens, chili & wasabi ginger vinaigrette wrapped in a flour tortilla - add chicken $5 or shrimp $6

Meatloaf Sandwich  13 pork, beef, turkey & bacon meatloaf with housemade ketchup, crispy onions, monterey jack, brioche

Nashville Chicken Sandwich  12 fried or grilled, brown sugar, chili, mayonnaise, pickle, brioche

Burgers: on a brioche bun with your choice of side (gf bun $1.50)

Toast Burger*  12 gfo half pound beef patty, cheese, applewood bacon, greens, tomato, fried onion, fried pickle, bbq aioli

Veggie Burger  14 veg, gfo "no bull" sundried tomato & spinach burger, housemade ketchup, mixed greens, muenster, fried onions

Salmon Burger  14 mixed greens, brussel sprout slaw, wasabi ginger vinaigrette

Flatbreads & Pizzas:

White Seafood Flatbread  14 crab, shrimp, ricotta, garlic, tomato, caramelized onion, parsley

Veggie Flatbread  13 ricotta, garlic, balsamic, broccoli, mushroom, sundried tomatoes, onion, chick peas, bell peppers

Thai Chicken Flatbread  12 peanut sauce, thai chili glaze, grilled chicken, cabbage, edamame, shredded carrots, crushed peanuts, wonton strips
Breakfast:

Homemade Donuts of the Day w/ Crème Anglaise & Maple Syrup 7

French Toast 9
3 pieces with crème anglaise and powdered sugar
- add bacon, ham, turkey sausage or VA sausage 2.50
- add mixed berry compote 1

Chesapeake Omelet 14 (egg whites add 1) gfo
shrimp, crab, onion, tomato, monterey jack, with hash browns or grits and toast

Steak & Cheese Omelet 14 (egg whites add 1) gfo
steak, cheddar, braised onions & peppers with hash browns or grits and toast

Cali Omelet 12 (egg whites add 1) gfo
avocado, pico de gallo, black beans, monterey jack, cilantro crème fraiche, with hash browns or grits and toast
- add chorizo 2

Biscuits & Gravy 9
homemade buttermilk biscuits Edward's sausage gravy, hash browns or grits

Corned Beef Hash 12 gfo
roasted corned beef brisket, hash browns, 2 eggs, grilled tomato, parmesan, toast

Chef's Breakfast Bowl - market
eat like your favorite Toast chef after a long brunch. see the special's board for today's selection

Two Eggs, Meat, Potatoes 9 gfo
two eggs, choice of bacon, Edward's sausage, turkey sausage or ham with hash browns or grits, toast

Chorizo Tacos 10 gfo
- add guacamole 1
scrambled egg, chorizo, onion, cilantro, lime, corn tortillas, hash browns or grits

Huevos Rancheros 11 gfo
- add chorizo 2
corn tostadas, stewed black beans, eggs, guacamole, pico de gallo, cheese, crème fraiche

Chicken and the Egg 13
southern fried chicken biscuit, sausage gravy, sunny side egg with hash browns or grits
- like it hot?? add our brown sugar & chili oil hot sauce

B.E.L.T. 9 gfo
bacon, 2 eggs, lettuce, tomato, herb mayo, texas toast, hash browns or grits- add guacamole 1

Breakfast Burger 13 gfo
½ lb. burger, hash browns, cheddar, bacon, sriracha aioli, sunny egg with choice of side

Benedicts: all served with hash browns and asparagus
gfo = served on sliced gf bread, not english muffin

Crabcake Benedict 14 gfo
english muffin, crabcake, poached egg, hollandaise

Veggie Bennie 12 gfo
english muffin, veggie patty made with mushroom, onion & sundried tomato, spinach, poached egg, pesto hollandaise

Southern Pork Bennie 13 gfo
biscuit, bbq pulled pork, poached egg, sriracha hollandaise, fried onions

Traditional Eggs Benedict 12 gfo
english muffin, ham, poached egg, hollandaise

Breakfast Pizzas:

Eggs Florentine 14 gfo
ricotta, garlic, spinach, blistered tomato, black pepper, runny egg

Ultimate Breakfast Pizza 14 gfo
sausage gravy, scrambled egg, bacon, cheddar, hashbrowns, spicy ranch

Mexi Breakfast Pizza 14 gfo
tomato, black beans, chorizo, scrambled egg, cheese, pico de gallo, cilantro crème fraiche, tortilla strips

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness